Group Mentoring Programme 2023





Jacqui Syndercombe

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About Jacqui

Jacqui spent more than 25 years in the Corporate World before leaving to retrain as a Systemic Team Coach. She has an Economics degree from the University of Cape Town and has been studying sustainability and more particularly Regenerative Business and Economies since 2015. During these sessions, Jacqui will focus on empowering participants to consider simple actions they can take to make in their daily functions to contribute to the movement towards a more responsible and regenerative world.

Theme : Integrating Sustainability into your daily functions / Group of 6

Session	Content	Date	Time
Session 1 Orientation: What does sustainability mean to you?	 Group procedures Goals and expectations Getting to know each other and where they are on the sustainable journey (no previous knowledge required) Understanding the need 	13 April	17:00 18:15
Session 2 Understanding sustainability and what needs to be done	 Sustainable Leadership Sustainability and regenerative economy What can be done? Sustainability: an employee's responsibility? 	11 May	17:00 18:15
Session 3 What's mine to do?	 Identifying your personal values Finding your passion Leveraging your existing skills and Competencies Building a personal plan 	15 June	17:00 18:15
Session 4 Experience review	Challenges faced with the implementationSuccessesGroup supervision	21 September	17:00 18:15
Session 5 Co-development	• Selection of one or two topics which are common challenges	19 October	17:00 18:15
Session 6 Channelling your sustainable goals	Learning timeline and next steps	23 November	17:00 18:15

Location : Virtual