



Annekathrin Tasiaux

Solution-focused Coach

ABOUT

I was born in Dresden, Germany, where I spent the first 20 years of my life. After completing my studies in international economics and marketing, I embarked on a diverse career journey, gaining valuable experience across various business domains, including marketing, HR, business development, and finance. My international orientation led me to live in countries such as Finland, New Zealand, China, and Belgium, which has afforded me a deep understanding of expat life and a strong comfort level in intercultural contexts. In 2020, my family and I relocated to Nice.

Throughout my career, I've thrived in traditionally male-dominated fields, learning the art of making my voice heard. My success in this endeavor has been aided by my well-developed soft skills, which I honed further through coaching training.

Today, I am a solution-oriented systemic coach, working with both teams and individuals. In my current role, I actively drive people development within an international project management company. My extensive background in various business functions and my passion for coaching have uniquely positioned me to facilitate personal and professional growth.

I AM LOOKING TO MENTOR

I aspire to mentor someone embarking on a journey of personal and professional growth, especially individuals adapting to new roles, teams, or cultural environments. My life experience and expertise in stress management, conflict resolution, decision-making, and unleashing potential are at their service. I aim to foster a collaborative exchange, assisting you in discovering your own tailored and sustainable solutions.